Northern Territory Rogaining Association presents

## Knuckey's Build-up Boot 'n' Bike



## 6Hr Metrogaine / 4Hr Cyclegaine

Grab some friends and test your navigational skills as you walk, run or cycle around Knuckey Lagoon and surrounds



A great way to exercise both your mind and your body

Entry includes BBQ dinner

## What is Rogaining?

Teams travel around a route of their choice, scoring points by correctly navigating to mapped checkpoints within a time limit.

Saturday 8<sup>th</sup> October 2016 Knuckey Lagoon Recreation Reserve Foot: 3:00PM-9:00PM | Bike: 4:30PM-8:30PM

For further information and entry form visit our website:

nt.rogaine.asn.au