



**2015 Committee**

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## In this Newsletter

Welcome to the Northern Territory Rogaining Association's December 2015 newsletter. This edition contains interesting information on:

- Editors Note
- Presidential Comments
- Next Event Info
- AGM
- What's happening Elsewhere
- Behind the Scenes
- Event Wrap up : Reports, map, results and photos

## Editors Note:

This is the last newsletter for the year and I hope you have enjoyed reading them. As editor I put together reports that are written by you, the competitors/setters/vetters, and would like to thank those who have contributed. I have been filling in as editor but now I am "resigning" from this position and someone out there needs to put their hand up. Please **don't** let this be the last newsletter. If you think you might be interested but not sure where to start, get in touch with me I'm happy to get you started. Marj King ([info@nt.rogaine.asn.au](mailto:info@nt.rogaine.asn.au))

## Presidential Comments

Hello Rogainers past and present,

Thanks to Ben and Simon who did a great job with the last event at Howard Springs, accolades also to Jane, Marj and the Howard Springs School, a job well done!

We must thank all competitors and organisers for the events this year. The efforts of people dedicating time to work behind the scenes to ensure that you as a competitor having an event to compete in cannot be taken for granted, it takes considerable time and effort for a hand full of people. And of course we thank you for being a supporter of the Northern Territory Rogaine Association by entering such events, without you it would be rather impossible to run these events.

It's been a pretty good year for the Northern Territory Rogaine Association with all events planned being run and well attended. The year ahead has some exciting events already on the Rogaining Calendar like the World Rogaining Championships at Ross River Station. This event is likely to see many hundreds of people competing, including a number of teams from the Northern Territory. Then in September there will be the Australian Championships



in WA. It's well worth the effort to venture down to events like these, as they are held in pretty stunning country and it provides a great experience with a wide range of competitors all there to enjoy and do the best they can. During the event it becomes a bushwalk with competitive intent with a large group of friends who you may see occasionally and will wave, say hello and assist if really necessary.

Also more locally please take some time to consider being involved with the club a little more. If you are able to operate cohesively in a team working towards a common goal, we would love to hear from you. Some of the tasks involves event setting, vetting, catering, administration and promotion. You do not have to help out all year, if you assisted for just one event for the entire year, your efforts would be very well appreciated, as you are giving something back and it can be personally rewarding.

Again, thank you and we sincerely hope you have a wonderful Christmas and wish you all the best for the New Year.

Happy Rogaining!

Mike Dunbar - NTRA President

## Next Event:

### **Saturday 20<sup>th</sup> February, 2016** **6 hour Metrogaine & 4 hour Cyclogaine**

**When:** Saturday, 20<sup>th</sup> February, Metrogaine 3-9 pm; Cyclogaine 4.30 – 8.30 pm

**Where:** Darwin Suburban Jungles and Reserves

**What:** 'The Norburbs Knockabout' Metrogaine and Cyclogaine

**Details:** Further details, including entry forms, will be available in the New Year. <http://nt.rogaine.asn.au/> Detailed information and course notes will be distributed on receipt of entry. Final entries close 17<sup>th</sup> February

**Enquiries:** [info@nt.rogaine.asn.au](mailto:info@nt.rogaine.asn.au)

**Setter:** John Shanahan

**Vetters:** Julie and Dave Page

If you'd like to take part and need a partner, contact us via email [info@nt.rogaine.asn.au](mailto:info@nt.rogaine.asn.au)

**AGM:** This will be held after the next event in February. All positions are declared vacant.

- President
- Vice President
- Secretary
- Treasurer
- Committee members (minimum of 2)

Positions that do not require you to be on the committee

- Event Secretary
- Newsletter Editor
- Promotions Officer
- Mapping Officer

It would be really good to see some new faces on the committee or take up positions that have been "vacant" but added to the work of committee members. Please do consider helping out, meetings are infrequent (before /after events, at this stage 4 events/year), so not too onerous.



## What's happening elsewhere:

### World Rogaining Championships: 23-24<sup>th</sup> July 2016

Being held at the Ross River Resort and adjacent properties in the East MacDonnell Ranges east of Alice Springs.

### WRC 2016 entry for Australia/New Zealand Rogainers

Written by David Rowlands

The WRC Organising Committee has provided preliminary information on the entry process for those planning to enter the 2016 World Championships in Central Australia. Entries will open in October and are limited to 800 persons. Since the event is very likely to be over-subscribed, it is important to understand how to qualify as a Pre-Qualified Entrant. The key message is to enter early!

Follow this link to the [WRC 2016 Broadcast to ANZ Rogainers.pdf](#)



### Plan to explore the Red Centre of Australia in 2016 at the World Rogaining Championships!

Set by Australia's most experienced setters, it will be a course that is bound to challenge the world's best rogainers. Picture spectacular rock formations, beautiful gorges and wide, dry watercourses with complex contour detail and very few trails.

Held on **23-24 July 2016** at the Ross River Resort and adjacent properties, less than an hour's drive from Alice Springs.

Phase one registration opens on **23 October 2015**, for more details go to [worldrogainingchamps.com.au](http://worldrogainingchamps.com.au)



**Also if you are interested in volunteering for the World Champs go to the following link to get information and enter details. This is a huge event and it would be great if Territorians could get involved. The organisers are already in the process of allocating people to positions.**

<http://worldrogainingchamps.com.au/index.php/event/volunteers/information>

### Australasian Championship Event: September 17-18<sup>th</sup> 2016

This event is being hosted by the WA Rogaine Assn., details out in due course.

## Behind the Scenes:

**Volunteers Wanted:** WA is a state that had 9 events during 2015. How do they do it?

Quote from WARA Website: "All WARA activities are carried out by volunteers - that is how we can keep the cost of competing so low.

If you have done 10 or more events since you last volunteered it is time for you to volunteer. Anyone can do a job in Administration or the Hash House - you will receive training."

If for a change you, a partner or friend would like to give the very busy organisers a hand with jobs like help with setting up, assisting with the cooking, basic administrative tasks, etc please email Marj at [info@nt.rogaine.asn.au](mailto:info@nt.rogaine.asn.au). Setting up/packing up doesn't necessarily preclude you from competing

Thanks to the cyclists who stayed back and help pack up.

## Event Wrap-up:

Despite the heat 22 metrogainers and 31 cyclists covered up and headed out, yes it was hot, and someone moved the shipping container (!), "some were asking "why do I do it?" but it seems most enjoyed it.





# Northern Territory Rogaining Association

## Howard's Rural Ramble & Ride

21st November 2015

### 6 Hr Metrogaine

#### Results

Team Number	Total Points	Qty of Ctrls	Total Time			6 Hr Metrogaine												Team Member Names
			Hr	Min	Sec	All	Men			Women			Mixed			F		
							MO	MV	MS	WO	WV	WS	XO	XV	XS			
WV1	1530	32	5	59	47	1				1	1						Sue Berger, Verena Tinning	
WV3	1470	31	5	46	37	2				2	2						Plaxy Purich, Cathy Shilton	
XV10	1210	26	5	45	17	3							1	1			Robyn Liddle, Dave Liddle, Duncan Rance	
WO16	1200	29	5	58	3	4				3							Hannah Johnston, Niamh Buckley, Tara Luck	
WO11	1140	24	5	36	7	5				4							Amy Pallentine, Lauren Berecry	
XV13	1090	22	4	57	27	6							2	2			Helen Pitts, Will Kellermeier	
XV7	1010	28	6	9	8	7							3	3			Michael Dunbar, Helena Blundell	
XO18	440	16	3	45	50	8							4				Lauren Toll, Julien Puig	
XSV4	420	11	4	43	18	9							5	4	1		Julie Mastin, Ron Ninnis, Trish Greenfield, Gurmeet Singh	

#### 6 Hr Metrogaine Results

						All	Men			Women			Mixed			F	
			Hr	Min	Sec		MO	MV	MS	WO	WV	WS	XO	XV	XS		
MO22	1980	39	3	57	48	1	1										Helge Suhr, Tim Wallace
XSV2	1880	36	3	57	20	2							1	1	1		Annie Whybourne, Dan Baschiera
MV17	1880	37	3	58	17	3	2	1									Daniel O'Brien, Les O'Brien
WO6	1880	37	4	1	46	4			1								Alice Leppitt, Sarah Barklay, Francene Anderson
XO15	1720	37	4	0	37	5							2				Ange Castle, Jamie Hagan, Alex Wetten
XO20	1690	34	4	3	27	6							3				Narelle Goodrem, Graeme Finch, Lawson Broad
XO14	1650	37	3	53	50	7							4				Cath Hood, Rob Brooks
XV8	1590	33	3	55	44	8							5	2			Vicki Potter, Paul Potter
MO5	1510	34	3	48	54	9	3										Matt Jong, Mike Teale, Zane Whitehorn
WO23	1410	31	4	0	57	10			2								Rowena Boyd, Susi Bertei
MF21	1070	28	3	58	2	11	4									1	David Bradley, Ethan Bradley, Jack Bradley
XO24	940	20	2	47	50	12							6				Mary Finlay-Doney, Alex Roberts
WO12	660	16	2	35	20	13			3								Louise Moodie, Heather Ferguson

Northern Territory Rogaining Association presents:



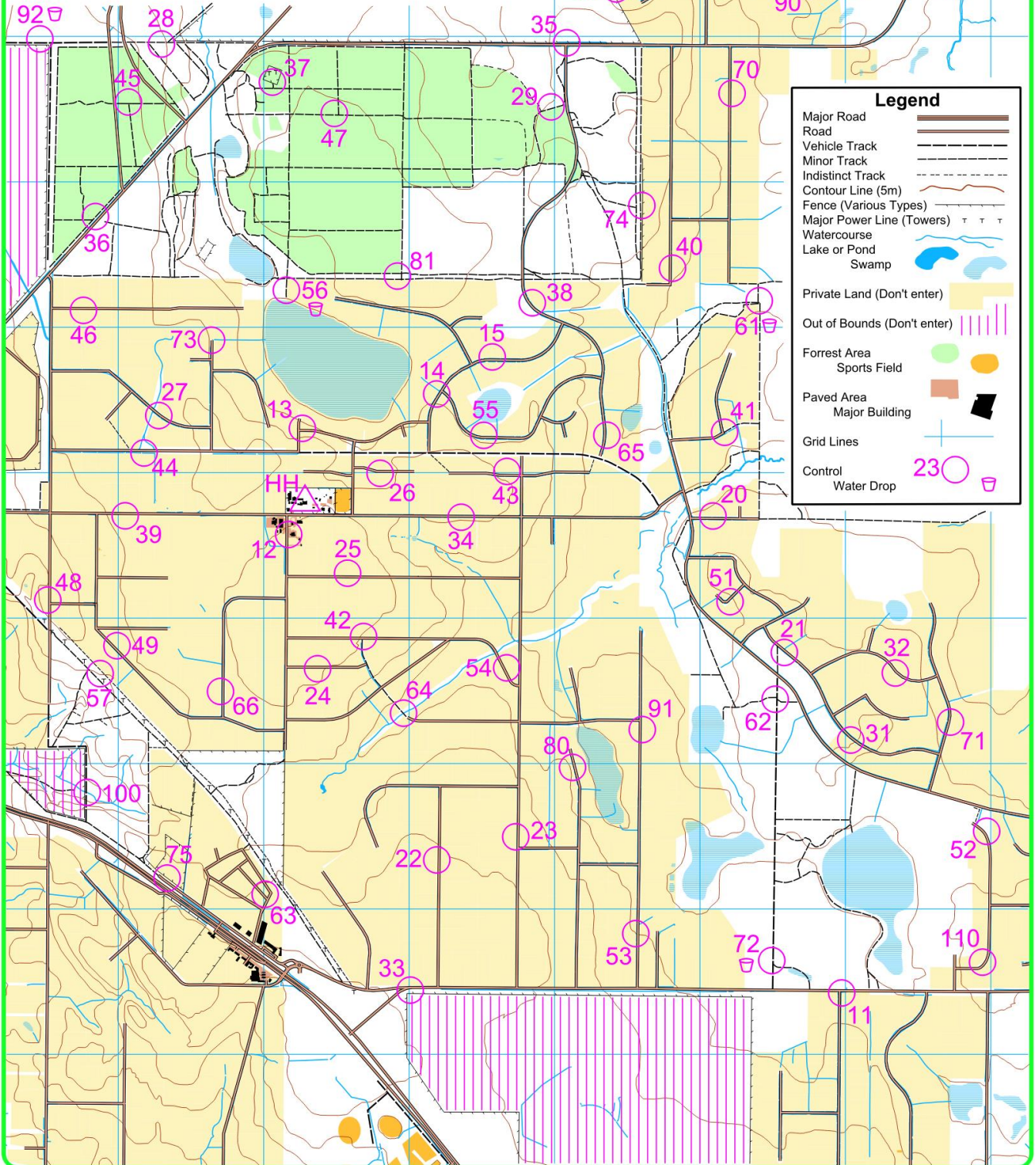
# Howard's Rural Ramble & Ride

6 Hr metrogaine & 4 Hr Cyclegaine  
Saturday 21st November 2015

Grid North  
Magnetic North  
Grid-Magnetic  
Angle: 3.2 deg

Scale: 1:25,000  
0 200 400 600 800 1000m  
5m Contour Interval

Cartography:  
Wolfgang Meike - 2013  
Ben Saunders - 2015  
Base Data: Courtesy of NT Government  
Copyright NTRA, November 2015



HRR&R Map V2.1 - BS 11/2015



## Howard's Rural Ramble & Ride

A team of Dave & Robyn Liddle, with Duncan Rance as the late added third wheel.

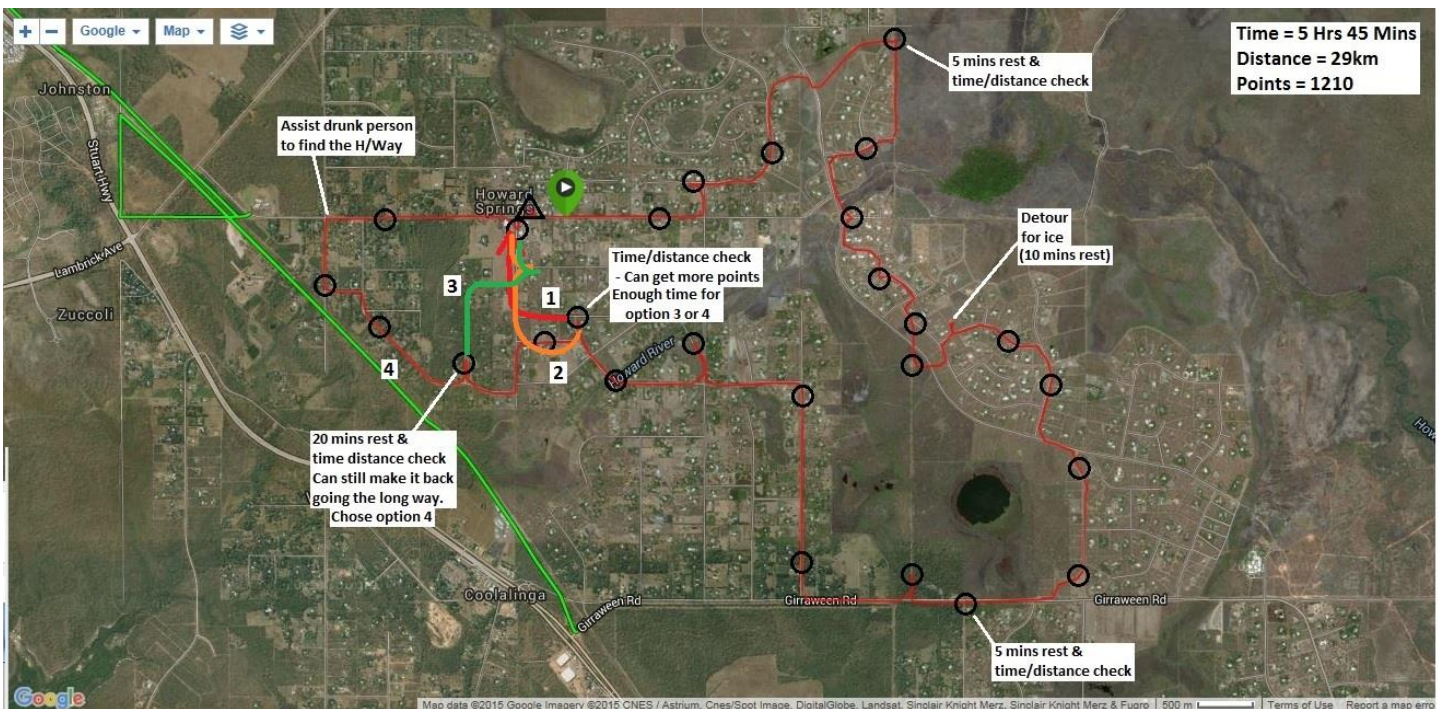
After careful consideration of our abilities & the flat clear terrain (Roads), we determined that 5 Km / Hr was a good walking target. 6 Hrs = 30km. Doing the usual "Points vs Distance" calculations we found some decent loops with over 50 points per km, & only a few low point dead zones in-between. We linked them together using our 30 km max distance, leaving a few loop options near the end to account for variations in speed.

Robyn noted that our original plan (Anti-clockwise) left us in some "bush" areas after dark, so we swapped it around & went clockwise. It gave us less options for the final approach to the Hash House, but that was acceptable. We weren't playing for sheep-stations, & we refuse to run unless it's necessary!

As you can see from the map, from control 42 we could have headed straight back to the HH via 12 if time was very short, or added 24 & 25 in if there was a little more time. As it was, we had 1.5 Hrs left, & took the longer loops to the West. We stopped at 66 for 15-20 mins due to calf cramps, but recovered enough to hobble home the long way with 15 mins to spare.

Apart from a few decent blisters, we had a great time, & I'd like to thank the organisers for another great event!

PS My "secret" weapon to combat the heat is to half-fill my 3L camel-back with water, blow into the mouthpiece to inflate it like a balloon, & place it flat in the freezer. On Rogaine-day, I took it out & filled it to capacity with ice-cubes then cold water. I had cold water to drink for the entire six hours. We also visited Emily's "Supply drop" 2 hours in, so Dave & Robyn could fill up with cold water & we could stand under the sprinkler! **Duncan Rance**





**...and they're off and running!**



**Cyclists pre-trip briefing**



**...and a more leisurely start for some of the cyclists**



**Verena, (and Sue) were the Overall Winners of the metrogaîne**



**The Winners are Grinners even though it's 10 pm!**

*You have received this newsletter as a result of participating/showing an interest in one of our events. If you do not wish to receive correspondence from the NTRA, please reply to this email and put "unsubscribe" in the heading.*



# Late News

Entries now open to everyone, but places are limited!

[View this email in your browser](#)



## WORLD ROGAINING CHAMPIONSHIPS

AUSTRALIA • 23 – 24 JULY 2016





# Entries open to all - but nearly full!

[Less than 200 spots left!](#)

The pre-qualification phases are over and the requirement to have done a 24 hour rogaine in the last 2 years has now lapsed. That means entries are now open to all rogainers! But with less than 200 places left, you'll need to get in quickly. Enter [here](#).

## Payment Process

Each team's contact person has been sent an email accepting their entry and requesting payment. Login to the website (using details provided in a separate email from us) to order optional merchandise. [Email us](#) if you haven't received your login details. When payment is successfully received by us we will update your status on the [Team List](#) to "Confirmed".

## Book your flights!

Flights to Alice Springs are filling up quickly. We strongly recommend participants book their travel now. If flying with Qantas, please book via [our website](#).

## Which momentos will be yours?

Here are the keepsakes that will help you remember your World Championships experience in central Australia. These are available for purchase with your entry.

## High quality merino wool shirts

## Sign Up For Event Updates

[Subscribe to our mailing list](#) and [like us on facebook](#) to hear all about the 2016 World Rogaining Championships



[Facebook](#)



[Website](#)



29 February

**Shirt, Hat & Cup  
Sales Close**

14 May 2015

**Thir Band Sales  
Close**

9 July 2016

**Entries Close  
(if 800 entries not  
already exhausted)**

23 July 2016

**Event Day!**



Get inspired - watch the [official video](#)



