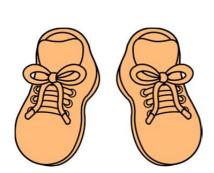


## **NT Rogaining Association**

**Presents** 



## Shoal Bay's Snappy Sneakers & Speedy Spokes Metrogaine\*

SATURDAY 25<sup>th</sup> May 6 Hour Event for Walkers

(start 3 pm; finish 9 pm)

4 Hour Event for Cyclists

(start 4.30 pm; finish 8.30 pm)

Have fun as the weather cools, visiting a variety of terrain, streets and parks right across the Northern Suburbs and tracks in both Holmes Jungle and Casuarina Reserve. Some bush controls for the walkers.

## MAPS GIVEN OUT 2 HOURS PRIOR TO THE START

Early registration closes 5<sup>th</sup> May, only \$35 per adult, includes dinner after (Final registrations close 23<sup>rd</sup> May)

For further information contact:

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<sup>\*</sup> What is Rogaining? Rogaining is the sport of long distance cross-country navigation. A Metrogaine is the same in an urban environment with shorter distances. Teamwork, endurance, strategy and map reading are features of the sport. It has similarities to orienteering and car rallying.